I am 18 days Post-op first rib resection and looking for recovery companions. Left cervical rib and first rib resection and scalenectomy. Surgery. 1979 Jan;85(1):109-21. Scaleneectomy versus first rib resection for treatment of the thoracic outlet syndrome. Sanders RJ, Monsour JW, Gerber WF, . First rib resection and scalenectomy (FRRS) has been shown to improve. However, this study is the first to examine long-term QOL outcomes in a large cohort. .. and/or poor recovery, supporting the importance of differentiating true cases of. transaxillary first-rib resection and scalenectomy for thoracic outlet syndrome generalized estimating equations (GEE) method for average rate of recovery. The presence of a cervical rib is often cited as a predisposing factor in the. .. of pain after specific interventions (e.g., during recovery from surgical treatment).. Transaxillary first rib resection, performed through an upper chest incision just under. . anatomy to perform a complete scalenectomy or brachial plexus neurolysis. Dec 10, 2015 . First rib resection with anterior and medial scalenectomy so to speak he said I would recover fully might take a year to rebuild muscles I saw 5 . Scalenectomy is used in the surgical treatment of TOS. It is often performed in conjunction with a more extensive procedure, such as removal of the first rib or the . In a rib resection, your NYU Langone surgeon widens the thoracic outlet by removing an. Recovery can take several weeks, during which your doctor may recommend the catheter to the narrowed space between your first rib and collarbone.. In a scalenectomy, the scalene muscles—which pass through the thoracic ..